

T H E A R T & S C I E N C E
of INSPIRING TOUCH



iCORE APPLICATION

iCore WORKSHOP



Making a significant change in any area of life requires a three step process: acquiring knowledge, making a decision, and taking action. As you read on, I hope you will be inspired to take the next steps to creating, developing or enhancing your practice and care giving skills.

The *BioSync* iCore practitioner is trained in a formal internal organ protocol so that the practitioner works the entire abdominal viscera in a systematic pattern in each session. Foundational to the *BioSync* iCore practitioner's training is the learning and improvisation of body positions, leverages, moves, directions, etc. to address specific challenges that are uniquely different with each client.

As a BioSync iCore Practitioner

you will learn a dramatically effective methodology based on ancient Taoist healing traditions that date back almost 5,000 years to the Tang Dynasty and the Yellow Emperor Huang Di. This multi-faceted approach releases the knots, tangles and blockages of daily living; and, accesses meridian and accupressure points.



These finely tuned abilities are taught and carefully nurtured by Mark Lamm in the *BioSync* iCore Workshop. This certification will enrich your private and professional practice with tools and techniques that will deeply change and improve the lives of your clients. Indeed, "transformational changes available in a client," says Mark, "are directly related to the philosophy, consciousness, personal experience, and tools of the consultant." Mark considers client and consultants as "partners on an evolutionary path". Each derives learning and transformation from their work together.



iCore OVERVIEW



BioSync iCore rids the body of stagnant chi. This stagnant chi is located wherever there is a physical, emotional or psychic blockage of energy. Through the iCore process, the circulation of chi, blood, lymph and other fluids is greatly enhanced. This balances the body's energy and increases its natural healing capabilities.

The *BioSync* iCore practitioner learns to access and use three Chi centers — the lower Dan Tien (navel point); the middle Dan Tien (heart center); and the upper Dan Tien (third eye point) to release the client's physical and emotional holding patterns of dysfunction and distress. Using these centers is key to unwinding tissue and promoting health and longevity.

Mark says, "there is both art and science to my work which brings you into immediate contact with the fundamental principles of the use of Chi. It is my somatic experience that drawing on Chi energy results in the dissipation of dysfunction and the integration of body parts that have been alienated or segmented because of trauma."



LEARN ALL ASPECTS OF POWER VS. FORCE

Mark spent 6 years studying with the best martial artist in the world — Hugh Van Putten — learning the nature and quality of CHI. Cultivating, generating and drawing on Chi energy, with every touch and movement is the healing foundation of **BioSync**.

Mark gained his expertise through the teachings of various healers, shamans and Qi Gong masters as well as wisdom and yogic knowledge through his mentorship with Yogi Bhanan. Yogi taught Mark to be fearless when working on the body albeit with great sensitivity and awareness. He taught through many demonstrations how incredibly resilient the body is and wants to be. The healing techniques that Yogi Bhanan shared with Mark is the reason for and the meaning behind what has become Mark's life work and passion — **BioSync!**



iCore CERTIFICATION



It is our mission to create a dynamic and playful environment wherein participants explore and experience *BioSync* iCore as both art and science, as treatment and tool, and wherein the learning interaction is one of mutuality between the participant and Mark Lamm.



Mark Lamm is approved by the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) as a continuing education provider. NCBTMB Provider #452077-12.

BioSync iCore Workshop/20CEs

Currently offered at \$3,000 onsite and \$4,500 offsite

BioSync iCore practitioner service mark

Annual fee \$150

Service Mark

BioSync iCore practitioners are required to pay annual service mark license fees. Practitioner license fees are \$150US per year, included in the successful completion of The *BioSync* iCore Workshop and once each year thereafter to maintain practitioner status (the yearly renewal period begins in January of each year). All license fees are to be paid in US funds. An annual certificate or receipt will be mailed to each practitioner upon receipt of her/his complete renewal. The license fee pays for the use of The BioSync Research Institute service marks and for protection of the service marks. Please see the service mark guidelines section in the *BioSync* iCore Manual for more information on service marks and their importance.

Notice: Licensing with The BioSync Research Institute is a prerequisite for pursuing BioSync work at every level. The Society of Light oversees the quality and integrity of BioSync work, and holds the right to grant or revoke the use of its internationally registered service marks, "BioSync" and the "BioSync logo". The Institute keeps all records of Students, and includes all updated information regarding level of Practitioner or Consultant practice. The BioSync Research Institute maintains a Consultant and Practitioner referral service, and publishes periodic newsletters and training schedules.

Cancellation

If the Institute cancels a class, the Student will receive the full refund within 30 days. Prior to the first day of training, the Student may cancel submitting a written notice and will receive a refund minus the administration fee of US\$150.



iCore CERTIFICATION



We have found this 3 day workshop to be an innovative and effective training mode. Each day of class must be attended to receive credit toward certification. With the successful completion of the workshop the student becomes certified as a *BioSync* iCore practitioner through The BioSync Research Institute which is the global humanitarian outreach of the Society of Light. Practitioner status is renewable annually. The BioSync Research Institute reserves the right to amend Continuing Education requirement at any time.

Notice

* Private training supplemental and/or off-site fees may apply

** Requirements and costs for BioSync Somatic Education programs may change at any time without notice.

Disclaimer: The *BioSync* iCore Method is not involved in treatment or diagnosis of disease, nor does it substitute for medical treatment when such attention is needed, desired or required. One who performs *BioSync* iCore does not treat, prescribe, or diagnose an illness or any other physical or mental disorder. Nothing said or done by one who practices *BioSync* iCore should be misconstrued to be such. Whenever there is any suspicion or indication of physical or mental disorder, it is imperative that a physician be consulted before the practitioner initiates *BioSync* iCore. While *BioSync* iCore may provide relief from physical or emotional symptoms, it is not intended to replace the advice or treatment of a licensed physician.





NAME: _____

First Last

ADDRESS: _____

Number Street Apartment Number

| City | State/Province | Zip Code/Postal Code | Nation |
|------|----------------|----------------------|--------|
|------|----------------|----------------------|--------|

EMAIL: _____ DATE OF BIRTH: _____

TELEPHONE: _____
Home Mobile

☐ Check if you do not wish to have your name and address in the BioSync Research Institute's public mailing list.

1. What motivated you and what is your compelling reason for attending the workshop?

- ☐ Personal Development _____
 - ☐ Job Performance _____
 - ☐ New Occupation _____
 - ☐ Other _____

T H E A R T & S C I E N C E

2. Describe the one specific thing you most want to learn, change or reinforce in your life/body.

3. What are your goals for this workshop?

4. How would you know if you achieved your outcomes from this workshop?

5. What are you grateful for in you life?



Student AGREEMENT



This enrollment agreement supports your training, education, and investment in the *BioSync* Somatic Education process.

As a BioSync Research Institute student, I understand that:

1. I will receive training in the practice of *BioSync* iCore and completion of the workshop does not guarantee practitioner status nor a license to use the *BioSync* service marks.
2. If I complete the workshop and receive a *BioSync* service mark usage license that license is renewable annually. This renewal is dependent, in part, upon my compliance with the BioSync Research Institute Standards of Practice, Code of Ethics, and Service Mark Guidelines.
3. Failure to comply with Standards of Practice, Code of Ethics, and/or Service Mark Guidelines may result in revocation of my license to use the BioSync Research Institute's service marks.
4. I will be receiving work and providing work in the context of learning and I understand there may be emotional releases and these emotional releases can be a learning experience for myself, my peers, and the instructors.
5. I may be dismissed from class and/or the training program at any time if and when I become disruptive in any manner and I agree to refrain from using recreational drugs or alcohol during the training program
6. BioSync Research Institute will provide instruction in accordance with BioSync Research Institute Standards of Practice, Standards of Instruction, Published Curriculum, and Code of Ethics. BioSync Research Institute will provide the *BioSync* training manual.
7. BioSync Research Institute reserves the right to change training program requirements, service mark usage requirements and all fees at any time.
8. The Society of Light holds the copyright for all training materials.

As a BioSync Research Institute student, I agree that:

1. All fees are to be paid 2 weeks prior to first day of the training program.
2. I will comply with BioSync Research Institute Code of Ethics.
3. I will maintain appropriate sexual boundaries during the training program.
4. I will not use the *BioSync* service marks in any way.
5. I will not represent myself as a *BioSync* iCore practitioner and I will not practice *BioSync* iCore outside the authorized training room and context.
6. I will be committed to being totally present and attentive throughout the entire training.
7. I claim that I am physically and mentally able to attend and fully participate in the training.
8. I will not teach *BioSync* iCore in any manner whatsoever.
9. I will not photograph, videotape, copy or share in any manner whatsoever BioSync Research Institute training and instructional materials and promotional materials.

Further, I understand, accept, and receive Mark Lamm's and any other authorized *BioSync* Instructor's authority to evaluate my work and to remove my right to use the *BioSync* service marks if and when I am licensed to use these marks.

Applicant's Signature

Date

CONTACT INFORMATION

If you are seeking a new skill set for your professional tool box or simply wanting to help family and friends feel better, you will learn how the *BioSync* Methods can provide quicker and more effective results with less stress on you! Join our community, attending workshops and trainings to broaden your skills, knowledge, experience and mastery as a health professional or dedicated caregiver.



3 Rosy Finch Lane | Aliso Viejo | California 92656 | USA

800.414.5623 info@biosync.com

Find the program that is right for YOU!

We guarantee the ongoing experience and knowledge you'll acquire will continue to provide your family, friends or clients long-term benefits for years to come, changing lives, for the better, forever. The experience and knowledge you will acquire is **PRICELESS!** What sets these trainings and workshops apart from other, similar programs is the fact that there are simply no other seminars like it!

GET
BIO SYNC®

