THE ART & SCIENCE of INSPIRING TOUCH



BAREFOOT APPLICATION

Barefoot WORKSHOP



Making a significant change in any area of life requires a three step process: acquiring knowledge, making a decision, and taking action. As you read on, I hope you will be inspired to take the next steps to creating, developing or enhancing your practice and care giving skills.

Whether you're a Mom looking to help alleviate kids' "growing pains"; a yoga teacher wanting to help students further progress; significant others wanting to work with each other; or, even an established bodyworker, massage therapist or sports therapist looking for another tool in your toolbox — this is a GREAT workshop! By participating and immersing yourself in this healing work you will experience the ability to unlock blocked energies and contribute to the healing process.

The *BioSync*® Barefoot practitioner is trained in a formal protocol so that the practitioner works the entire body in a systematic pattern in each session. Improvisation of body positions, leverages, moves, directions, etc. is also foundational to the *BioSync* Barefoot practitioner's abilities, enabling them to address specific challenges that are uniquely different with each client.

As a BioSync Barefoot Practitioner you will learn a dramatically effective methodology that will enrich your private and professional practice. You will also acquire tools and techniques that will deeply change and improve the lives of your clients. This certification workshop is an enjoyable experience that will provide a powerful new skill set



These finely tuned abilities are taught and carefully nurtured by Mark Lamm in the *BioSync* Barefoot Workshop. Indeed, "transformational changes available in a client," says Mark, "are directly related to the philosophy, consciousness, personal experience, and tools of the consultant." Mark considers client and consultants as "partners on an evolutionary path". Each derives learning and transformation from their work together.



Barefoot OVERVIEW



The *BioSync* Barefoot practitioner utilizes Chi generated by body positioning and movements to create a constant, vertical pressure that allows the client to instinctively release stored trauma and blocked energies. As the practitioner intuitively alternates between Yin Energy and Yang Energy, the client experiences the benefits of deep release and restoration.

BioSync Barefoot takes advantage of gravity by placing the clients body in various spiral and yogic positions. This multi-faceted approach addresses all meridians and accupressure points. By the pure act of the body in contact with and then pressed into the earth, a transmutation of dysfunction whether physical or emotional is then dissipated in a safe way. The client experiences profound peace and serenity by re-connecting with the earth energy through this process.



LEARN FROM MARK LAMM who gained his expertise through the teachings of various healers and shamans as well as wisdom through his mentorship with Yogi Bhajan.

YOGI BHAJAN shared with Mark a series of footwork protocols. Yogiji taught him to be fearless when working on the body albeit with great sensitivity and awareness. He taught through many demonstrations how incredibly resilient the body is and wants to be.

HEALING TECHNIQUES that the Yogi shared with Mark is the reason for and the meaning behind what has become Mark's life work and passion – *BioSync!*

Mark also studied with an indigenous Maori, Tira Makea Fredrick, which lead him to an awareness of how to intensify the healing relationship between the practitioner, client and the restorative power of the earth as a sacred trinity through the use and movement of Chi Energy. Both Yogiji and the Kahuna understood, from two different cultural viewpoints, the restorative power of the earth's energy.



Barefoot CERTIFICATION



It is our mission to create a dynamic and playful environment wherein participants explore and experience *BioSync* Barefoot as both art and science, as treatment and tool, and wherein the learning interaction is one of mutuality between the participant and Mark Lamm.



Mark Lamm is approved by the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB) as a continuing education provider. NCBTMB Provider #452077-12.

BioSync Barefoot Workshop/20CEs

Currently offered at \$1,500 onsite and \$2,250 offsite

BioSync Barefoot practitioner service mark

Annual fee \$150

Service Mark

BioSync Barefoot practitioners are required to pay annual service mark license fees. Practitioner license fees are \$150US per year, included in the successful completion of The BioSync Barefoot Workshop and once each year thereafter to maintain practitioner status (the yearly renewal period begins in January of each year). All license fees are to be paid in US funds. An annual certificate or receipt will be mailed to each practitioner upon receipt of her/his complete renewal. The license fee pays for the use of The BioSync Research Institute service marks and for protection of the service marks. Please see the service mark guidelines section in the BioSync Barefoot Manual for more information on service marks and their importance.

Notice: Licensing with The BioSync Research Institute is a prerequisite for pursuing BioSync work at every level. The Society of Light oversees the quality and integrity of BioSync work, and holds the right to grant or revoke the use of its internationally registered service marks, "BioSync" and the "BioSync logo". The Institute keeps all records of Students, and includes all updated information regarding level of Practitioner or Consultant practice. The BioSync Research Institute maintains a Consultant and Practitioner referral service, and publishes periodic newsletters and training schedules.

Cancellation

If the Institute cancels a class, the Student will receive the full refund within 30 days. Prior to the first day of training, the Student may cancel submitting a written notice and will receive a refund minus the administration fee of US\$150.



Barefoot CERTIFICATION



We have found this 3 day workshop to be an innovative and effective training mode. Each day of class must be attended to receive credit toward certification. With the successful completion of the workshop the student becomes certified as a *BioSync* Barefoot practitioner through The BioSync Research Institute which is the global humanitarian outreach of the Society of Light. Practitioner status is renewable annually. The BioSync Research Institute reserves the right to amend Continuing Education requirement at any time.

Notice

- * Private training supplemental and/or off-site fees may apply
- ** Requirements and costs for BioSync Somatic Education programs may change at any time without notice.

Disclaimer: The *BioSync* Barefoot Method is not involved in treatment or diagnosis of disease, nor does it substitute for medical treatment when such attention is needed, desired or required. One who performs *BioSync* Barefoot does not treat, prescribe, or diagnose an illness or any other physical or mental disorder. Nothing said or done by one who practices *BioSync* Barefoot should be misconstrued to be such. Whenever there is any suspicion or indication of physical or mental disorder, it is imperative that a physician be consulted before the practitioner initiates *BioSync* Barefoot. While *BioSync* Barefoot may provide relief from physical or emotional symptoms, it is not intended to replace the advice or treatment of a licensed physician.









Please fill out both sides of this form and submit with signed Agreements and your deposit of \$500US to the Society of Light. NAME: ____ First Last ADDRESS: Number Street Apartment Number City State/Province Zip Code/Postal Code Nation _____ DATE OF BIRTH: ____ EMAIL: ___ TELEPHONE:____ Home Mobile For the membership roster, which phone number(s) do you wish to appear?

Home and/or

Mobile □ Check the box if you do not wish to have your name and address in the BioSync Research Institute's public mailing list. **QUESTIONS** 1. What motivated you and what is your compelling reason for attending the workshop? ☐ Personal Development □ Job Performance □ New Occupation □ Other

THE ART & SCIENCE

2. Describe the one specific thing you most want to learn, change or reinforce in your life/body.	
3. What are your goals for this workshop?	
4. How would you know if you achieved your outcomes from this workshop?	
5. What are you grateful for in you life?	
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This enrollment agreement supports your training, education, and investment in the BioSync Somatic Education process.

As a BioSync Research Institute student, I understand that:

- 1. I will receive training in the practice of *BioSync* Barefoot and completion of the workshop does not guarantee practitioner status nor a license to use the *BioSync* service marks.
- 2. If I complete the workshop and receive a *BioSync* service mark usage license that license is renewable annually. This renewal is dependent, in part, upon my compliance with the BioSync Research Institute Standards of Practice, Code of Ethics, and Service Mark Guidelines.
- 3. Failure to comply with Standards of Practice, Code of Ethics, and/or Service Mark Guidelines may result in revocation of my license to use the BioSync Research Institute's service marks.
- 4. I will be receiving work and providing work in the context of learning and I understand there may be emotional releases and these emotional releases can be a learning experience for myself, my peers, and the instructors.
- 5. I may be dismissed from class and/or the training program at any time if and when I become disruptive in any manner and I agree to refrain from using recreational drugs or alcohol during the training program
- BioSync Research Institute will provide instruction in accordance with BioSync Research Institute Standards
 of Practice, Standards of Instruction, Published Curriculum, and Code of Ethics. BioSync Research Institute
 will provide the BioSync training manual.
- 7. BioSync Research Institute reserves the right to change training program requirements, service mark usage requirements and all fees at any time.
- 8. The Society of Light holds the copyright for all training materials.

As a BioSync Research Institute student, I agree that:

- 1. All fees are to paid 2 weeks prior to first day of the training program.
- 2. I will comply with BioSync Research Institute Code of Ethics.
- 3. I will maintain appropriate sexual boundaries during the training program.
- 4. I will not use the BioSync service marks in any way.
- 5. I will not represent myself as a *BioSync* Barefoot practitioner and I will not practice *BioSync* Barefoot outside the authorized training room and context.
- 6. I will be committed to being totally present and attentive through out the entire training.
- 7. I claim that I am physically and mentally able to attend and fully participate in the training.
- 8. I will not teach *BioSync* Barefoot in any manner whatsoever.
- 9. I will not photograph, videotape, copy or share in any manner whatsoever BioSync Research Institute training and instructional materials and promotional materials.

Further, I understand, accept, and receive Mark Lamm's and any other authorized *BioSync* Instructor's authority to evaluate my work and to remove my right to use the *BioSync* service marks if and when I am licensed to use these marks.

Applicant's Signature	Date

CONTACT INFORMATION

If you are seeking a new skill set for your professional tool box or simply wanting to help family and friends feel better, you will learn how the *BioSync* Methods can provide quicker and more effective results with less stress on you! Join our community, attending workshops and trainings to broaden your skills, knowledge, experience and mastery as a health professional or dedicated caregiver.



3 Rosy Finch Lane | Aliso Viejo | California 92656 | USA 800-414-5623 info@biosync.com

Find the program that is right for YOU!

We guarantee the ongoing experience and knowledge you'll acquire will continue to provide your family, friends or clients long-term benefits for years to come, changing lives, for the better, forever. The experience and knowledge you will acquire is **PRICELESS!** What sets these trainings and workshops apart from other, similar programs is the fact that there are simply no other seminars like it!

