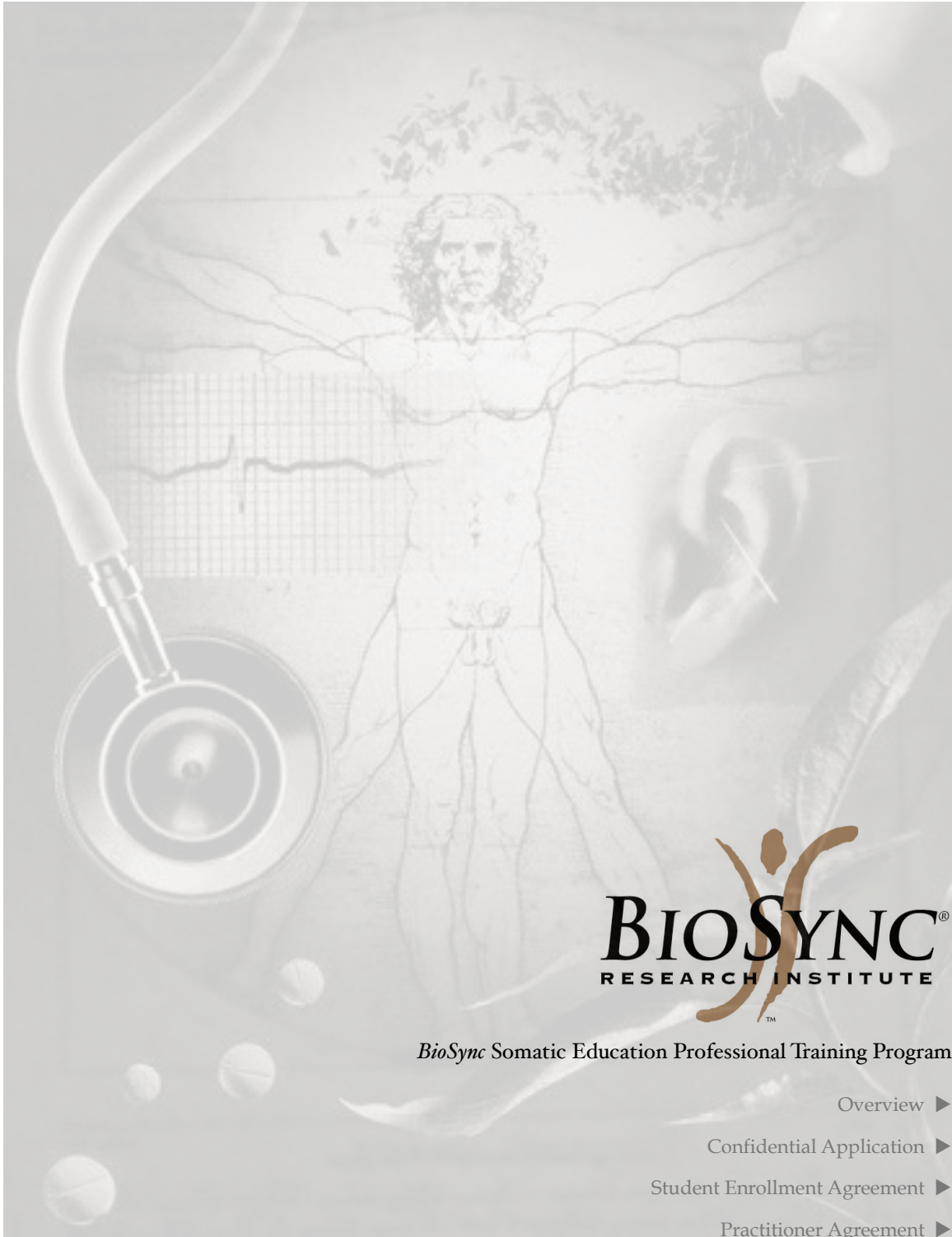


BioSync[®] iCore Application

The practical approach to unfoldment.

Book 1



BioSync Somatic Education Professional Training Program

Overview ►

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BioSync iCore Overview

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Making a significant change in any area of life requires a three step process: acquiring knowledge, making a decision, and taking action. As a *BioSync* iCore practitioner you will learn a dramatically effective methodology that will enrich your private and professional practice. You will also acquire tools and techniques that will deeply change and improve the lives of your clients. This certification workshop is an enjoyable experience that will provide a powerful new skill set.

As you read on, I hope you will be inspired to take the next steps to creating and developing the practice you desire. By participating and immersing yourself in this healing work you will experience the ability to unlock blocked energies and contribute to the healing process.



The *BioSync* iCore Method

The *BioSync* iCore method is based on ancient Taoist healing traditions that date back almost 5,000 years ago to the Tang Dynasty and the Yellow Emperor Huang Di. The *BioSync* iCore practitioner utilizes Chi generated by body positioning and movements to create internal organ space by releasing tension and stored trauma in the abdominal viscera. As the practitioner intuitively alternates between Yin Energy and Yang Energy, the client experiences the benefits of deep release and restoration.

The *BioSync* iCore practitioner learns to access and use three Chi centers --- the lower Dan Tien (navel point); the middle Dan Tien (heart center); and the upper Dan Tien (third eye point) to release the client's physical and emotional holding patterns of dysfunction and distress. Using these centers is key to unwinding tissue and promoting health and longevity. The *BioSync* iCore practitioner learns to tap into the Universal healing energy through these Chi centers to alter the energetic matrix of the client. *BioSync* iCore rids the body of stagnant chi. This stagnant chi is located wherever there is a physical, emotional or psychic blockage of energy. Through the iCore process, the circulation of chi, blood, lymph and other fluids is greatly enhanced. This balances the body's energy and increases its natural healing capabilities.

Students of *BioSync* iCore learn from founder and creator Mark Lamm. Mark gained his expertise through the teachings of various healers and shamans as well as White Tantric wisdom and yogic knowledge through his mentorship with Yogi Bhanan. Over his 40 years of teaching and healing practice, Mark developed this technique and contributes his knowledge to develop each student's talents and abilities.

The *BioSync* iCore practitioner is trained in a formal internal organ protocol so that the practitioner works the entire abdominal viscera in a systematic pattern in each session. Utilizing a multi-faceted approach releases the knots, tangles and blockages; and, accesses meridian and acupressure points. Foundational to the *BioSync* iCore practitioner's training is the learning and improvisation of body positions, leverages, moves, directions, etc. to address specific challenges that are uniquely different with each client. There are three guiding principles of *BioSync* iCore: penetration, lengthening and unwinding. Penetration is accomplished through direct physical contact, lengthening is done through manual traction, and unwinding

via the consultant's chi movement in a spiral fashion. These finely tuned abilities are taught and carefully nurtured by Mark Lamm in his *BioSync* iCore workshop. Indeed, "transformational changes available in a client," says Mark, "are directly related to the philosophy, consciousness, personal experience, and tools of the consultant." Mark considers client and consultants as "partners on an evolutionary path". Each derives learning and transformation from their work together.

The *BioSync* iCore Certification Program

It is our mission to create a dynamic and playful environment wherein participants explore and experience *BioSync* iCore as both art and science, as treatment and tool, and wherein the learning interaction is one of mutuality between the participant and Mark Lamm. We have found this 3 day workshop to be an innovative and effective training mode. Each day of class must be attended to receive credit toward certification. With the successful completion of the workshop the student becomes certified as a *BioSync* iCore practitioner through The BioSync Research Institute which is the global humanitarian outreach of the Society of Light. Consultant status is renewable annually.

Notice: Licensing with The BioSync Research Institute is a prerequisite for pursuing *BioSync* work at every level. The Society of Light oversees the quality and integrity of *BioSync* work, and holds the right to grant or revoke the use of its internationally registered service marks, "*BioSync*" and the "*BioSync* logo". The Institute keeps all records of Students, and includes all updated information regarding level of Consultant practice. The BioSync Research Institute maintains a Consultant and Practitioner referral service, and publishes periodic newsletters and training schedules.

Application Procedure

Prior to applying for the *BioSync* iCore workshop, it is suggested that applicants schedule a minimum of two "internal" iCore sessions from a currently certified *BioSync* consultant. Experience has shown that receiving a series of sessions before the training makes the learning process easier.

***BioSync* iCore Workshop..... Currently offered at 3,000 onsite and \$4,500 offsite**

The *BioSync* iCore Workshop Fees *include* an Air-Ex mat.

Service Mark

Practitioners are required to pay annual service mark license fees. Practitioner license fees are \$150US per year, included in the successful completion of The *BioSync* iCore Certification Program and once each year thereafter to maintain practitioner status (the yearly renewal period begins in January of each year). All license fees are to be paid in US funds. An annual certificate or receipt will be mailed to each consultant upon receipt of her/his complete renewal. The license fee pays for the use of The BioSync Research Institute service marks and for protection of the service marks. Please see the service mark guidelines section in this Handbook for more information on service marks and their importance.

Continuing Education Requirements

The BioSync Research Institute will offer Continuing Education Trainings from time to time. These trainings will be designed to keep the consultant up to date with current standards as well as to further deepen and enhance their practice of *BioSync*. The BioSync Research Institute reserves the right to amend Continuing Education requirement at any time.

Cancellation

If the Institute cancels a class, the Student will receive the full refund within 30 days. Prior to the first day of training, the Student may cancel submitting a written notice to the Director at the administrative office, and will receive a refund minus the administration fee of US\$100.

BioSync Somatic Education Course Offerings

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BioSync Barefoot Workshop: The Student will learn the basic *BioSync* Footwork protocol. The Barefoot *BioSync* practitioner utilizes Chi generated by body positioning and movements to create a constant, vertical pressure that allows the client to instinctively release stored trauma and blocked energies. Unlike other forms of Somatic Healing, the Barefoot *BioSync* practitioner learns how to energetically protect themselves thus experiencing no personal energetic drain on their body.

Professional Consultant Training: The Student will learn the basic *BioSync* protocol including iCore and Barefoot. The course is designed for a student to have an unlimited philosophy of potential and a continuous hands on learning experience. The course provides solid grounding in the practice of *BioSync*, clear and detailed instruction, visual and kinesthetic demonstration, and organic “hands on” learning. As a *BioSync* student you will learn: Theory, Philosophy, Methodology, Healing Concepts, Use of Chi, Physical and Emotional Anatomy, BioMechanics and BioDynamics, Silent Language, Improvisation, Innovation and Evolution.....while personally experiencing the power of the work. This training includes lectures, demonstrations, and practice in triads under the supervision of Mark Lamm and assistants. Students also receive the *BioSync* Arch, Posture Seat and Extension.

Advanced Program: After completing the required Professional Consultant Training, the Advanced Training will further enrich the Consultant's *BioSync* skills learned in the Professional program as well as provide a further and more profound repertoire of intuitive instruction in *BioSync*.

Masters Program: After completing both the Professional Consultant Training and Advanced Training Programs, the consultant may elect to refine their tools and skills even further, exploring a rich theoretical understanding of the human spirit as it relates to *BioSync* Somatic Education.

Additional Program Fees

| | |
|---|----------------|
| <i>BioSync</i> Barefoot Workshop - 3 Days..... | \$1,500 |
| <i>BioSync</i> Professional Consultant Training - 12 Days..... | \$12,500 |
| <i>BioSync</i> Advanced Program - 6 Days | \$3,600 |
| <i>BioSync</i> Masters Program - 5 Days | \$3,000 |
| Annual consultant service mark fee | \$150 to \$300 |
| Prerequisite Sessions for the <i>BioSync</i> Professional Consultant Seminar with a currently certified <i>BioSync</i> consultant generally range from..... | \$250 to \$500 |

Notice

* Private training supplemental and/or off-site fees may apply

**Requirements and costs for *BioSync* Somatic Education programs may change at any time without notice.

Disclaimer: The *BioSync* iCore Method is not involved in treatment or diagnosis of disease, nor does it substitute for medical treatment when such attention is needed, desired or required. One who performs *BioSync* iCore does not treat, prescribe, or diagnose an illness or any other physical or mental disorder. Nothing said or done by one who practices *BioSync* iCore should be misconstrued to be such. Whenever there is any suspicion or indication of physical or mental disorder, it is imperative that a physician be consulted before the practitioner initiates *BioSync* iCore. While *BioSync* iCore may provide relief from physical or emotional symptoms, it is not intended to replace the advice or treatment of a licensed physician.

2. Describe the one specific thing you most want to learn, change or reinforce in your life/body.

3. What are your goals for this Program?

4. How would you know if you achieved your outcomes from this Program?

5. What are you grateful for in you life?

BioSync iCore Student Agreement

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This enrollment agreement supports your training, education, and investment in the *BioSync* Somatic Education process.

As a *BioSync* Research Institute student, I understand that:

1. I will receive training in the practice of *BioSync* iCore and completion of the workshop does not guarantee practitioner status nor a license to use the *BioSync* service marks.
2. If I complete the workshop and receive a *BioSync* service mark usage license that license is renewable annually. This renewal is dependent, in part, upon my compliance with the *BioSync* Research Institute Standards of Practice, Code of Ethics, and Service Mark Guidelines.
3. Failure to comply with Standards of Practice, Code of Ethics, and/or Service Mark Guidelines may result in revocation of my license to use the *BioSync* Research Institute's service marks.
4. I will be receiving work and providing work in the context of learning and I understand there may be emotional releases and these emotional releases can be a learning experience for myself, my peers, and the instructors.
5. I may be dismissed from class and/or the training program at any time if and when I become disruptive in any manner and I agree to refrain from using recreational drugs or alcohol during the training program
6. *BioSync* Research Institute will provide instruction in accordance with *BioSync* Research Institute Standards of Practice, Standards of Instruction, Published Curriculum, and Code of Ethics. *BioSync* Research Institute will provide the *BioSync* training manual and *BioSync* handbook. *BioSync* Research Institute will provide Air-Ex foam mats.
7. *BioSync* Research Institute reserves the right to change training program requirements, service mark usage requirements and all fees at any time.
8. *BioSync* Research Institute holds the copyright for all training materials.

As a *BioSync* Research Institute student, I agree that:

1. All fees are to paid 2 weeks prior to first day of the training program.
2. I will comply with *BioSync* Research Institute Code of Ethics.
3. I will maintain appropriate sexual boundaries during the training program.
4. I will not use the *BioSync* service marks in any way.
5. I will not represent myself as a *BioSync* iCore practitioner and I will not practice *BioSync* iCore outside the authorized training room and context.
6. I will be committed to being totally present, attentive, through out the entire training.
7. I claim that I am physically and mentally able to attend and fully participate in the training.
8. I will not teach *BioSync* iCore in any manner whatsoever.
9. I will not copy or share in any manner whatsoever *BioSync* Research Institute training and instructional materials.

Further,

10. I understand, accept, and receive Mark Lamm's and any other authorized *BioSync* Instructor's authority to evaluate my work and to remove my right to use the *BioSync* service marks if and when I am licensed to use these marks.

Applicant's Signature

Date

BioSync iCore Practitioner Agreement

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Introduction

This practitioner agreement supports your investment in, and professional practice of *BioSync* iCore. It also enables *BioSync* iCore practitioners throughout the world to trust that their peers are practicing at a consistent and excellent level.

As a practitioner I understand and agree:

1. In order to use the registered BioSync Research Institute service marks, an annual service mark renewal fee and signed agreement is required.
2. My license to use the BioSync Research Institute service marks may be revoked at any time if I do not comply with the Service Mark Guidelines, Code of Ethics, Standards of Practice, and Continuing Education Requirements.
3. I must carry professional liability insurance (US consultants only) and must provide proof of such with my annual renewal.
4. I will not teach *BioSync* iCore in any manner whatsoever, in any context whatsoever, without the express written approval of BioSync Research Institute.
5. I have read and comprehended and will uphold the Service Mark Guidelines, Code of Ethics, and Standards of Practice as stated in the *BioSync* Manual Book 4.
6. The BioSync Research Institute may change it's Standards of Practice at any time.
7. The BioSync Research Institute may change it's continuing education requirements at any time.

As a practitioner I understand that The BioSync Research Institute will:

1. Protect the integrity of "*BioSync*" iCore and the "*BioSync* Logo" Service Marks.
2. Protect the integrity of The *BioSync* iCore Method, by establishing, maintaining and enforcing professional standards of practice.
3. Develop, coordinate and regulate the teaching of *BioSync* iCore and *BioSync* Somatic Education and encourage the continuing professional development and personal growth of its consultants.
4. Support, encourage, and promote the expanding use and recognition of *BioSync* iCore and *BioSync* Somatic Education in the world.
5. Maintain a referral service for practitioners worldwide via <http://www.biosync.com>
6. Make available practitioner support materials.

Consultant Signature

Date



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Email: info@biosync.com
or visit our web site at <http://www.biosync.com>

BioSync and the *BioSync* logo are pending or complete registered service marks of The Society of Light. Registration of these marks in most nations which accept such registration is either pending or complete.

This catalog covers the year 2010. Requirements and costs for *BioSync* training and certification may change at any time without notice.